## Waukesha County 4-H Record Book Instructions

Updated: 02/28/2021



## Why do we do Record Books?

The purpose of 4-H record keeping is to teach how to keep records, which is an important life skill. Record keeping is an ongoing process that does not end when the 4-H year ends.

#### Objectives:

- To learn how to set goals, how to make plans for action, and selfevaluation.
- To learn the skills of record keeping and organization to use now and in the future.
- To learn to communicate and summarize.
- To learn responsibility by completing a task.
- To evaluate information that will market personal skills through future resumes and application forms.

## Waukesha County Awards Program

#### All 4-H Youth - Participation Awards or CLOVER AWARDS: Bronze, Silver, or Gold.

- Determined by 1) Accumulated Participation Points (Permanent Record book pages) and 2) Clover points
- Required points are listed on the top of page 2 of the Clover Point section
- Open to <u>any</u> 4-H member who has the number of points required to achieve a Clover Award level
- A Clover Medal will be awarded at the County Recognition Event.

#### **Project Medals and Honors**

- Determined by leadership and growth in a project. Members are required to submit a copy of record book in a 3 ring binder.
- Open to 4-H members 6<sup>th</sup> grade and above

#### Leadership Awards – Experience Scholarships and Awards

- Scholarships to Space Camp, WI 4-H & Youth Conference, Citizenship Washington Focus trip, National 4-H Congress & Conference trips, and American Spirit trip.
- Awards include WI 4-H Key Award and Danforth Award.
- Open to 4-H members 5<sup>th</sup> grade and above
- Determined by participation in the Member Evaluation (ME) interview process in early Fall. Participants are required to submit a copy of record book in a 3 ring binder.
- Leadership Awards are presented at the County Recognition Event

## Specific Youth Roles in 4-H

- Cloverbud A member that is between grades K 2. This age group is able to participate in the Cloverbud project.
- Junior Leader Youth who work with an adult to lead project(s) or activity and is in the 7<sup>th</sup> grade or above. They must be enrolled in 4-H Online as a Youth Leader for the Project.
- Teen Leader Youth who leads a project or activity. A Teen Leader must work independently (without an adult) in order to receive points for this category. They must be enrolled in 4-H Online as a Youth Leader for the Project.

## Parts of the Record Book

- Permanent Pages
  - These pages keep track of all the activities and events that you participate in throughout your time in 4-H. Points accumulate over your 4-H career.
- Annual Pages Completed each year
  - Record Book
    - About Me
    - Annual Goal
    - Year-End Summary
  - Participation Details
  - Clover Points
  - Project Sheets
  - My Cloverbud Project (if applicable)

See next pages in order for your binder.

## 1. About Me Page

This will be the 1<sup>st</sup> page in your printed out binder. You will complete a new sheet each year.

- Complete the 4-H year in the upper right corner.
- Add a picture of yourself from the current year.
- Complete your personal information.
  - If using the Digital copy, the Project Sheet template has formulas included to copy your information automatically, including the year.
- After your record book is complete, you and your parent/guardian will sign.
- After completing your Clover Point sheet, update the line if you have earned a Clover Award.
- If you are participating in the County Awards & Experiences Interviews, please indicate this at the bottom.

#### Waukesha County Record Book







NAME	Clover Waukesha				
ADDRES	S 111 Four H Drive				
CITY	Waukesha	STATE	WI	ZIP	53188
PHONE	444 - 444 - 4444			Year in	
GRADE (	COMPLETEE 10	AGE	16	4-H	8
CLUB NA		ry and Joe W	u uncern		
	sign and have your parer ow. If you fail to complet				
belo			ill be dis	qualified fro	
belo	ow. If you fail to complet	*Attenti	ill be dis	qualified fro	om any awards.

### 2. Annual Goal

#### Your Personal Goal for this Year

(OPTIONAL) Write below what you want to learn in the Waukesha County 4-H Program this year. Below is a tool to help guide you in writing your goal. Please share your overall goal for 4-H this year.

- Specific: Write a specific goal that includes the Who, What, Where, When & Why.
- Measure: Set criteria for measuring progress toward the attainment of each goal you set. How much, how many, how will I know when it is accomplished?
- Attainable: When you identify goals that are most important to you, you begin to figure out ways
- Realistic: To be realistic, a goal must encourage an idea which you are both willing and able to work
- Time Bound: A goal should be carried out within a specific time frame

Examples: I would like to learn how to sew this year. I am going to sign up for the Clothing project and attend project meetings and complete 1 sewing project at the 2020 County

As the newly elected Club President, I will complete our meeting agendas at least 1 week

Having a goal is like having a road map. If you do not know where you're going, you'll probably end up somewhere else. Would you take a trip without first deciding where you want to go? Of course not! That would be pretty hard to do! Setting goals for your 4-H projects and experiences is very much the same as deciding where you want to go on a trip. While there are lots of fun and educational activities planned by your 4-H club/group, you are the one who's in the driver's seat with your 4-H experience. Remember to also do a control test on your goal, meaning do you have control of the outcome or does someone else? If you do not have control, then you may not be successful.

## 3. Year-End Summary

The Year-End Summary will be completed each year. This is an opportunity to reflect on your 4-H year. Did you get out of 4-H what you were hoping? You may have to adjust your goal through the year and this is an opportunity to speak about how you had to overcome an obstacle or how you grew this year.

Cloverbuds complete the 'My Cloverbud Project'.

#### **Year End Summary**

Take a moment to reflect on your 4-H experience this year. Include the following prompts in your story:

1. I enjoyed my 4-H experience because...

Here are 2. 4-H has helped me to become a better community member by...

some ideas to help you 3. I tried something new this year...

start: 4. Something(s) I want to try next year in 4-H is...

Additional thoughts I would like to share are...

I enjoyed my 4-H experience this year because I was able to strengthen my leadership skills. I helped younger members at the County Jewelry project.

I signed up for a new project this year – crocheting. I was excited to be able to make myself and some of my family hats.

Next year I would like to try woodworking.

# 4. Permanent Pages (Participation Points)

#### WAUKESHA COUNTY 4-H PERMANENT RECORD BOOK

Number of Years in 4-H		1	2		4	5 1	6			1	10 1	1 1	2 1	
List 4-H Years	20	20	20	20	20	20	20	20	20	20	20	20	20	20
тот	Digital copy								TIES					
Section 1. PROJECT points per year (Max. 4)	0	0	0	.0	0	0	0	0	0	.0	0	0	0	0
Section 2: CLUB Participation Points	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Section 3. COUNTY Participation Points	0	0	0	0	0	0	0	0	0	0	0	0	0	0.
Section 4: AREA Participation Points	0	0	0	0	0	0	0	0	0	0	0	0	0	0
			0		0		0	0	0		0		0	
TOTAL for this Year	0	0	0		0	. 0	0							0

								Please	Write Ea	ach Proje	ect Once	and ente	r a '1' for	r each year	compl	eted.	Add ad	ditional	rows as	necess	sary.						
										ехатр	ole: Poul	try		1	1	-1	1	1	1								Г
		F	PART	TICIP	ATIC	N PO	INT																				F
		Sect	ion 2.	CLU	BLE	VEL A	IVITS																				H
-	Gave leader record	-																									
1																											
2	Personalized record book binder and labeled with name																										F
3	Completed project sheet for each project						T																		F		F
4	Included 4-H media article with you in it						$\perp$													F				F			F
5	Included your photo on front page								т	OTAL PR	ROJECT P	ONTS			0					,	0				0		
6	Attended 4-H club meetings						Т							Section	12. 4	H CL	UB MI	ETIN	GS AT	TEND	ED						
7	Attended project meetings						Т	-	of club mee																		H
8	* Member of club committee						T		*	of Club n	neetings s	Hended		MEINIOI	#ON/O	#DIVIO	#DI//0	ADMO	#DN/0	#DNIO	MONICE	#DIVIDE	#ONO	*DIVIDE	#DIVIDE	ADNIO	#DI
9	* Chairperson of club committee																										
1 0			Г				Т	7		ī																	
1	Attended club picnic, tour or trip																										
1 2	* Helped with club community service																										
1 3	recycling project																										
1 4																											
1 5	fund raiser																							Pen	manert Re	cord Book	i Digit
1 6	* Helped with community service not related to 4-H																										
1 7																											
1 8	* Teen Leader in a project or activity (2)																										

These pages track your years of activity in 4-H. This would be similar to a resume. This should be completed starting your 1<sup>st</sup> year in 4-H. Each year you will enter:

- 4-H year in the column which is your current # of years in 4-H.
- Number of club meetings held & attended
- Under Project Points, list out the projects that you are currently enrolled in and a '1' in the column of the year.
- Number of club meetings held & attended
- Participation points: For each activity that you participate in, enter a '1' (unless indicated '2' on the left column). For items that have a \*, you will need to add details on the Annual Participation Points Details pages.
- If using the digital version, it will auto tally your points. If you have a printed copy, you will need to add up your points.
- Please reference the 'Permanent Record Book Help' for descriptions of each line.

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#### PARTICIPATION POINTS - REQUIRED ADDITIONAL DETAILS

## 5. Participation Points Details

When completing your Participation Points on your Permanent Pages, you will notice some line items are \*. The activities that you participate in each year may change year over year. Your 5<sup>th</sup> year, you may be a member of your Club's Service Project committee and the next year you may not. The purpose of this page is to provide additional details to your General Leader on the items that you have participated in. If you have participated in the lines with the \*, then you will need to complete a new Details sheet each year. This will also be helpful for you if you hold on to the sheets in the future as you can use the information for scholarships or applications.

	Ad	ditional Details for Club Participation Points
	* Member of club	
8	committee	
	* Chairperson of club	
9	committee	
10	* Club officer	
	* Helped with club	
12	community service	
	* Helped with club	
13	conservation or recycling	
	* Helped with club	
14	recreation	
	* Helped with community	
11012	service not related to 4-H	
16		
	* Jr. Leader in a project or	
17	activity	
	* Teen Leader in a project	
18	or activity (2)	
23	* Other 4-H Club Activity	
24	* Other 4-H Club Activity	
25	* Other 4-H Club Activity	
26	* Other 4-H Club Activity	
27	* Other 4-H Club Activity	
28	* Other 4-H Club Activity	
29	* Other 4-H Club Activity	
30	* Other 4-H Club Activity	
35	* Other 4-H Club Activity	

## 6. Clover Points

The Clover Points worksheet is used in determining the County Participation Awards.

For each activity listed, that you have participated in, record 1 point in the right column. Tally your points if you print out (digital version will calculate). At the end of the worksheet, record the total participation points you have for all your 4-H years (found in your Permanent Pages pg.9) and record the 'Total Clover Points The Year' earned. If you meet the Record Book Medal Requirements, record the Record Book Medal Earned This Year.

Please make sure to copy over your Record Book Medal earned to your About Me page (pg.7).

Activity Done This Year	Brief Description/Explanation	Points (1)
Attended 3/4 (75%) of club meetings (See *1 below)		
Attended 3/4 (75%) of project meetings		
Attended 4 or more Teen Council Meetings		
Junior or Teen Leader in a project or acitivity		
Participated OR exhibited in a Regional or State 4-H event (i.e. Wash. County Art Discovery Day)		
Did a demonstration/led a session at a 4-H event (See *6 below)		
Member of a club committee		
Member of a county committee		
Chairperson or Co-chairperson of a club committee		
Held a club office this year		
Held a county office this year		
Exhibited at Waukesha County Fair		
Participated in a county event (see *13 below)		
Participated in a County Fundraiser		
TOTAL CLOVER POINTS THIS YEAR	MAXIMUM: 14	0

#### Please note the following special instructions:

If your Club held 12 meetings, you must have attended 9, 'you must have attended 6. List these numbers, example A demonstration can be done at a Club or Project Meetin at a meeting, Fair, Fall Forum, or any other 4-H event.

This includes for example: Performing Arts Day, Summer clinics/workshops. This does NOT include county project MAQA and any pre-fair judging events.

#### **CLOVER AWARD REQUIREMENTS**

To earn a Record Book Medal , you must have the following number of points. See page 2 of the Record Book Instructions for more information.

Bronze award requires:
silver award requires:
Gold award requires:

5 Clover Points & a total of 40 accumulated Participation Points 7 Clover Points & a total of 85 accumulated Participation Points 10 Clover Points & a total of 150 accumulated Participation Points

Please indicate your total:

Accumulated
Participation
Points:
Clover Points

RECORD BOOK MEDAL EARNED THIS YEAR:

Year \_

earned: 0

## 7. Project Sheets

- You will need 1 project sheet for each project you are enrolled in. A new sheet is required each year.
- If using the digital version, the 4-H year, Name & Club will be auto-filled from the 'About Me' page.
- Effective 2021, the Project Sheet has been modified.
  - Project Leader information
  - Jr. Leader or Teen Leader?
  - Goal for your Project
  - Meeting Attendance
  - Project Results Project Costs & Project Value columns
  - All Projects use the same Project Sheet
  - One type of project sheet (animal and non-animal projects)

#### WAUKESHA COUNTY 4-H PROJECT SHEET

					4-H Yea	ır: (	)
Extension UNIVERSITY OF WISCONS	Name:			Clu	ıb:	0	
Project:			Num	ber of Year	s in Proiec	t:	
Did you work independently o		-	-11				
If applicable, Project leader		<u>K</u>					
Are you a Teen or Junior Leade A Junior Leader is a youth who			darial made i			No	
What is your goal for this p							eci.
what is your goal for this p	Toject: (example.) would	inc to lear	ii now to te	ike better por	truits of peop	ne)	
PROJECT MEETING	Number Project	Club	County	Numbe	r Project	Club	County
ATTENDANCE	Meetings Held			Meetings	Attended		
Project Events: (ie. Talks, D	emonstrations, Tours,	Shows, e	tc.)				
-							
<u> </u>							
	Proj	ect Resu	Its				
Exhibit Descripti	on Proje	ect Costs	Exhibited	d where	Ribbon	Proje	ct Value
				-		+	
What did you learn from th	is project? Please inclu	de anv le	adership	oppurtuni	ties that v	ou had th	is vear.
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,							, ,

## Supporting documentation

- Personalize your record book!
  - Pictures of projects behind the project sheets
  - Copy of Media with you being recognized
    - Newspaper clippings
    - Fair results
    - Club/County online pictures or name (Facebook, Instagram, Website)

## My Cloverbud Project

This is a time when the youngest members are introduced to 4-H. The Cloverbud project sheet allows members to record their 4-H year with the option to draw or write.

Waukesha County 4-H Program University of Wisconsin 4-H Youth Development

#### **Participation Summary**



My (101		
Myaddressis_		
I belong to the		Club.
	year in the program.	grade in school.
The activities I wo	orked on this year were	300430 1 3 C S Chang, Car 3 3 C S C S C S C S C C C S C C S C C S C C C S C C C S C C C S C



University of Wisconsin-Extension, U.S. Department of Agricultu

Draw a picture of your project or your favorite Cloverbuds Program Activity below.

This year I learned to

Pictures of me in	
Cloverbugs	
	Here are some Pictures of me in Cloverbuds!

Waukesha County 4- Program-Cloverbuds-University of Wisconsin